

## Areas for Growth

IN THE SECOND COLUMN RATE YOURSELF FROM 1 TO 10. 1 MEANING THE LEAST SATISFIED YOU ARE AND 10 THE MOST SATISFIED. IN THE THIRD COLUMN PICK AN AREA TO YOU'D LIKE TO START WITH AND THINK OF ONE SMALL STEP YOU CAN TAKE TO INCREASE YOUR SATISFACTION.

<b>CAREER</b>		
<b>FRIENDSHIPS</b>		
<b>PARTNERS (MARRIAGE - OTHER)</b>		
<b>FAMILY</b>		
<b>FUN AND ENJOYMENT</b>		
<b>PHYSICAL HEALTH</b>		
<b>SPIRITUAL</b>		
<b>PHYSICAL ENVIRONMENT</b>		
<b>FINANCES</b>		
<b>LEARNING AND GROWING</b>		