

Choose Your Top Five Values and Feel Free to Add Your Own:

Accomplishment	Fun and Enjoyment	Physical Health
Acknowledgement	Freedom to choose	Power and authority
Adaptability	Friendship	Profit
Artistry	Helping Society/others	Recognition
Authenticity	Honesty	Respect
Beauty	Nature	Humor
Security	Being Admired	Independence
Being alone	Influencing Others	Self-expression
Self-determination	Being different	Integrity
Self-fulfillment	Being valued	Intellectual Stimulation
Sensuality	Being with others	Interaction with public
Belonging	Intimacy	Solitude
Change & variation	Joy	Spirituality
Collaboration	Love	Stability
Communication	Making decisions	Status
Community	Medium pace	Success
Competition	Meeting challenges	Support
Control over time	Order	Tranquility
Creativity	Participation	Zest
Excitement	Peace	Love of Learning
Personal empowerment	Directness	Performance
Partnership	Productivity	Personal power
Contribution	Freedom to choose	Service
Connectedness	Free Spirit	Focus
Comradeship	Romance	Lightness
Recognition	Orderliness	Integrity
Risk taking	Tradition	Elegance
Growth	Vitality	Trust
Leadership	Punctuality	Lack of pretence
Nurturing		